

Research on the Difficulties and Countermeasures of the Inheritance of Traditional Wushu Culture in the Process of Urbanization

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Keywords: Urbanization process, Traditional martial arts culture, Inheritance dilemma

Abstract: In recent years, the level of industrialization in our country has developed faster and faster, and the process of urbanization is gradually accelerating. Urbanization has become the most important way to transform social space. However, with the development of urbanization, many traditional cultures are also in the process of urbanization. China gradually declined. Traditional martial arts culture is one of them. In the current process of inheriting traditional martial arts culture, we are facing a series of difficulties.

1. Introduction

Since the 18th National Congress of the Communist Party of China, General Secretary Xi Jinping has repeatedly emphasized the value and concept of inheritance of Chinese excellent traditional culture, and has formed a systematic view of cultural inheritance. At present, our country needs to have a deeper understanding of traditional culture, and understand the meaning of Chinese traditional culture, so as to integrate the unique concepts, wisdom and spirit of Chinese traditional culture into every Chinese person and inherit martial arts Culture can not only prevent martial arts culture from being marginalized, but also enable more people to understand what the Chinese spirit of martial arts culture is, and prevent fewer and fewer people from sprung up in Western sports events. Inheriting the martial arts culture, there has even been a situation in which the martial arts culture is being gradually eliminated.

2. The Dilemma of Traditional Martial Arts Cultural Inheritance in the Process of Urbanization

In the process of urbanization, the inheritance dilemma faced by my country's current traditional martial arts culture mainly includes the following points: First, there is a serious lack of outstanding masters and apprentices in the main fault. In the process of inheriting martial arts culture, there has been a state of disorder and poor inheritance. Second, there is a serious lack of awareness of the types of martial arts. There are many different types of martial arts in traditional martial arts culture. Their origins and cultures are also different. However, the current traditional martial arts culture is gradually being marginalized. Third, rural areas are gradually shrinking, and martial arts culture lacks natural living space in the process of inheritance. Fourth, the speed of innovation of martial arts culture in the innovation period is slow, and the effect of innovation is not good. As a result, more and more young people do not understand martial arts culture and are unwilling to actively participate in the inheritance of martial arts culture.

3. Inheritance of Traditional Martial Arts Culture in the Process of Urbanization

In traditional martial arts culture, the relationship between master and apprentice is used as a way to inherit martial arts culture, and unique styles and genres are formed, and the technical style and overall norms of the industry are shaped. Traditional martial arts culture needs to be inherited and continued. In the process of urbanization, traditional martial arts culture has gradually appeared a state of main body fault and the loss of professors. The process of cultural inheritance appears to

have neither excellent teachers nor Excellent apprentices have changed the master-disciple relationship in the original martial arts culture and hindered the development of martial arts culture. At present, we should strengthen our cultural self-confidence and cultural identity in traditional martial arts culture, improve the modern logical thinking of martial arts culture, and reasonably inherit martial arts culture, and let martial arts culture no longer become a culture that is shelved, but a common one in daily life. Part of Chinese traditional culture. Regarding the inheritance subject, we should respect the teacher and respect the morality, and understand that the martial arts culture is small, but the great way remains. When inheriting and inheriting Chinese traditional martial arts culture, it is necessary to return to martial arts culture itself, find its origin in the development process, actively communicate with modern urban culture, and regain its skills, assume its corresponding responsibilities, and be a real martial arts The inheritance of culture will continue to promote the sustainable development and overall inheritance of martial arts culture. Understand the discourse power and cultural connotation of Wushu culture in the development process. It is also necessary to take care of the individual needs between the inheritor and the imparting subject in daily life, and to meet the differentiation inherent in different martial arts and different martial arts groups. In the inheritance of martial arts, no matter the seller or the receiver, only with basic economic guarantee can they inspire more people to learn traditional martial arts.

In the inheritance of traditional martial arts culture, the village is a common way of inheritance, which improves the overall effect of martial arts inheritance. At the same time, it also provides the best natural living space for the multiplication of martial arts, making the traditional martial arts culture very good soil. At present, it is necessary to fully tap the unique characteristics of traditional martial arts culture, and do a good job in the protection of rural villages. In view of the unique folk customs, folk customs and habits in the countryside, it is necessary to understand the regional characteristics of different regions and the original ecological style of the nation, so that martial arts have a good development space, create differences in the shape of the countryside, and form a diversified rural space, which can promote There is a good cultural space for the inheritance of martial arts, and then a community of inheritance of martial arts culture is formed. Continuous creation of unique spatial villages belonging to traditional martial arts culture needs to exert its unique cultural significance, and the space of martial arts villages can be changed into the practice of traditional martial arts. And space for performances. In the process of inheriting martial arts culture, it is also necessary to promote the reproduction of martial arts culture. For example, Chenjiagou, the birthplace of Chen Taijiquan, is a unique rural village with martial arts characteristics. For this rural village with martial arts characteristics, it should be helped to move forward. In the process of development, relevant departments such as the local government departments, cultural centers, martial arts management centers, and tourism bureaus can sort out the development context of Chen Taijiquan, and representative figures. , Related legends, cultural connotations, essentials of boxing techniques, etc., it is also necessary to transform Chenjiagou into a unique martial arts cultural tourist attraction, trade training and education base, which can make the speed of cultural inheritance faster and cultural inheritance. Find a space that can better adapt to social development. The method of Chen-style Taijiquan is currently being worshipped and observed by many Taijiquan practitioners. This method not only allows the further inheritance of Chen-style Taijiquan, but also promotes the economic development of the region and realizes the regional tourism industry. Transformation. Turning the originally declining village into a culturally developed village area can not only realize the transformation of cultural tourism, but also use it as the city card of Jiaozuo, so that more people are willing to inherit Chen style Taijiquan, Learning Chen-style Taijiquan helps Chen-style Taijiquan to develop faster, and fully reflects the logic of space generation in the process of urbanization. Space and martial arts culture should be integrated to allow more martial arts culture to be in the city. Innovate its unique meaning in the space of the process of transformation. Not only that, when rural villages provide space for martial arts culture, it is also necessary to tap the unique value of martial arts itself and promote the creative transformation and innovative development of martial arts culture. The so-called creative transformation is to change the existing value connotations and outdated expressions in accordance

with the characteristics and requirements of the times at this stage, so that the original martial arts culture not only integrates the current cultural connotations, but also gives the martial arts culture a new era. The way of expression activates the vitality of martial arts culture. Innovative development is to expand and innovate the cultural connotation of China's existing excellent traditional martial arts in accordance with the progress of the times and the process of the times, and to enhance the influence and appeal of the times. Especially in the long history of China, the value of martial arts itself is very far-reaching. In the state of transition from ancient times to feudal dynasties in China, martial arts have embodied the military skills of a dynasty and the military development of a dynasty. In the current development under the background of Chinese culture, physical exercise is the main focus, which can not only make people's body and mind healthier, but also convey the unique connotations of ancient Chinese culture. Whether it is to analyze martial arts culture from different perspectives such as cultural value, educational value or fitness and entertainment, you can feel the cultural connotation of martial arts culture itself. Martial arts culture can also be used as a part of traditional national sports, such as political and diplomatic values. In the current social development, the traditional martial arts culture needs to be appropriately changed whether it is cultural form or cultural connotation. This is an innovation to martial arts culture. At the same time, it integrates martial arts cultural resources and promotes the industrial development of martial arts culture in my country.

4. Understand Different Types of Boxing

In traditional martial arts culture, the type of boxing is an important part of cultural development and cultural inheritance. The emergence and development of the type of boxing makes traditional martial arts have surpassed the simplest offensive and defensive techniques in essence, but let traditional martial arts have more culture Features and cultural functions, without the formation, development, innovation and inheritance of the martial arts, traditional martial arts have lost the soul and life of martial arts inheritance in the process of promotion. The inheritance of martial arts is a kind of culture, but in the process of urbanization, more and more people ignore the cultural significance of the inheritance of martial arts, and even lead to the lack of awareness of martial arts. What traditional martial arts culture needs to bear is the objectivity, macroscopicity and rationality of martial arts culture, and it is impossible to inherit Chinese martial arts culture blindly in accordance with Western sports ideas. In Chinese martial arts culture, it is necessary to dig out the content and weight of martial arts itself, to understand the cultural connotation of different weights and the significance of inheritance, it is necessary to re-excavate and sort out all types of martial arts, establish a sense of masses, and have a deeper understanding and analysis of why in the traditional In the history of martial arts and martial arts culture, certain types of boxing will gradually disappear. Only the historical origin, development trajectory, technical system, boxing power, boxing method, survival field, and deep cultural value of each weight will be deeply explored. Content can promote the development of traditional martial arts culture faster. Determining the type of martial arts is a core carrier and an important cornerstone that cannot be ignored in the inheritance and sustainable development of traditional martial arts culture, which can promote the overall construction quality of traditional martial arts culture.

5. Innovative Integration of Martial Arts Culture

In the development of traditional martial arts culture, it is also necessary to achieve cross-border integration, so that martial arts culture is not regarded as a separate culture, but integrated and developed with other cultures. Especially in the process of urbanization, many cultures and cultures in our country have begun to infiltrate each other, and even cross-border integration technologies have emerged, which can promote further cultural innovation, and at the same time, allow culture to be integrated into people's daily lives, allowing people Perceive the unique beauty of culture in life, add more and new content to life, and let everyone feel that culture is not static, culture is always absorbing new things and new ways, and opening up its own cultural development prospects The

integration of cultures can also promote mutual development. This is the best way to transform culture and innovation culture. Traditional martial arts culture is no longer static in the process of urbanization. For example, the current martial arts culture can achieve cross-border integration with Chinese medicine, dance, animation and other related industries. The reason is that martial arts and Chinese medicine have the same root and the same origin. The two are in many aspects. All have the role of integration and mutual promotion. Therefore, the fusion of martial arts and traditional Chinese medicine culture can improve the quality of people's physical and mental health development through sports, and also make people feel the meaning of martial arts and traditional Chinese medicine, so that the two cultures can develop together. The integration of the martial arts industry with the animation industry can become another way of promoting cultural development. This is the fusion of emerging culture and traditional culture. The animation industry is an emerging culture in our country at this stage. Many young people do not understand martial arts culture, but they like animation very much. By integrating the animation industry with martial arts culture, it can help more people understand Chinese martial arts culture through the process of watching animation. This is a kind of cross-cultural exchange, which also improves the quality of cultural development. For example, in 2008, my country released a three-dimensional ink and wash animation "Wu Yun", which embodies the three between dance, animation and martial arts. Fusion. In 2017, many dance center theaters have integrated martial arts culture with dance, which can reflect the cultural expression of traditional Chinese culture through modern techniques.

In China, there is an old saying that a strong youth leads to a strong country. Martial arts can strengthen students' physical fitness and improve their motor skills. At present, many students are blindly studying in order to obtain good grades, and even appear to study hard. Although the performance of cultural courses has improved significantly, students also face another problem in the long-term reading process, that is, it is difficult to really improve their physical fitness. Many students' physical fitness is relatively weak. In the later learning process In the middle, even due to weak physical fitness, the learning quality and learning effect cannot be effectively improved. In the face of this state, it is necessary to continuously strengthen the students' physique, improve their motor skills and improve their personality. The best way is to use exercise to make students feel that physical health is also an important part of the learning process. And martial arts contains traditional Chinese culture, but also a certain etiquette and martial arts culture. Integrating with girls and teenagers in the process of growing up can not only reflect the essence of Chinese traditional culture, but also allow students to understand Chinese traditional culture in the process of sports, and make it clear that the development of culture is never just in books A lot of the content of, there are many integrated into people's daily life, into every exercise, every action. In martial arts culture, there has always been a strong emphasis on the integration of inside and outside, and the combination of form and spirit. The martial arts culture emphasizes the complete coordination of spirit, energy and spirit. Through education and teaching training, students can truly achieve the effect of internal strengthening and external fitness, so that more students can learn about Chinese traditions through martial arts culture at the same time of culture, it promotes the unique connotation of martial arts culture.

6. Conclusion

To sum up, with the development of urbanization, many traditional cultures in our country have been gradually forgotten by people. At this stage, how to bring traditional culture back to people's vision and use martial arts culture to improve the development of society , To promote faster social development, and at the same time to allow traditional Chinese martial arts culture to be passed on from generation to generation. When inheriting martial arts culture, it is necessary to use martial arts as the basis and teach by word and deeds as an important closed loop of martial arts research. The process of urbanization will follow the evolution of mainstream culture and the transformation of social urban space. Promote traditional martial arts culture in the process of inheritance to avoid the occurrence of difficulties again and again, and improve the overall effect of inheritance.

Acknowledgment

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